



Staying Safe

The four most
important
rules to
remember!



The person looking after you has to know:

1. Where you are - all the time.
2. Who you are with - all the time.
3. What you are doing - all the time.
4. When you will be back.

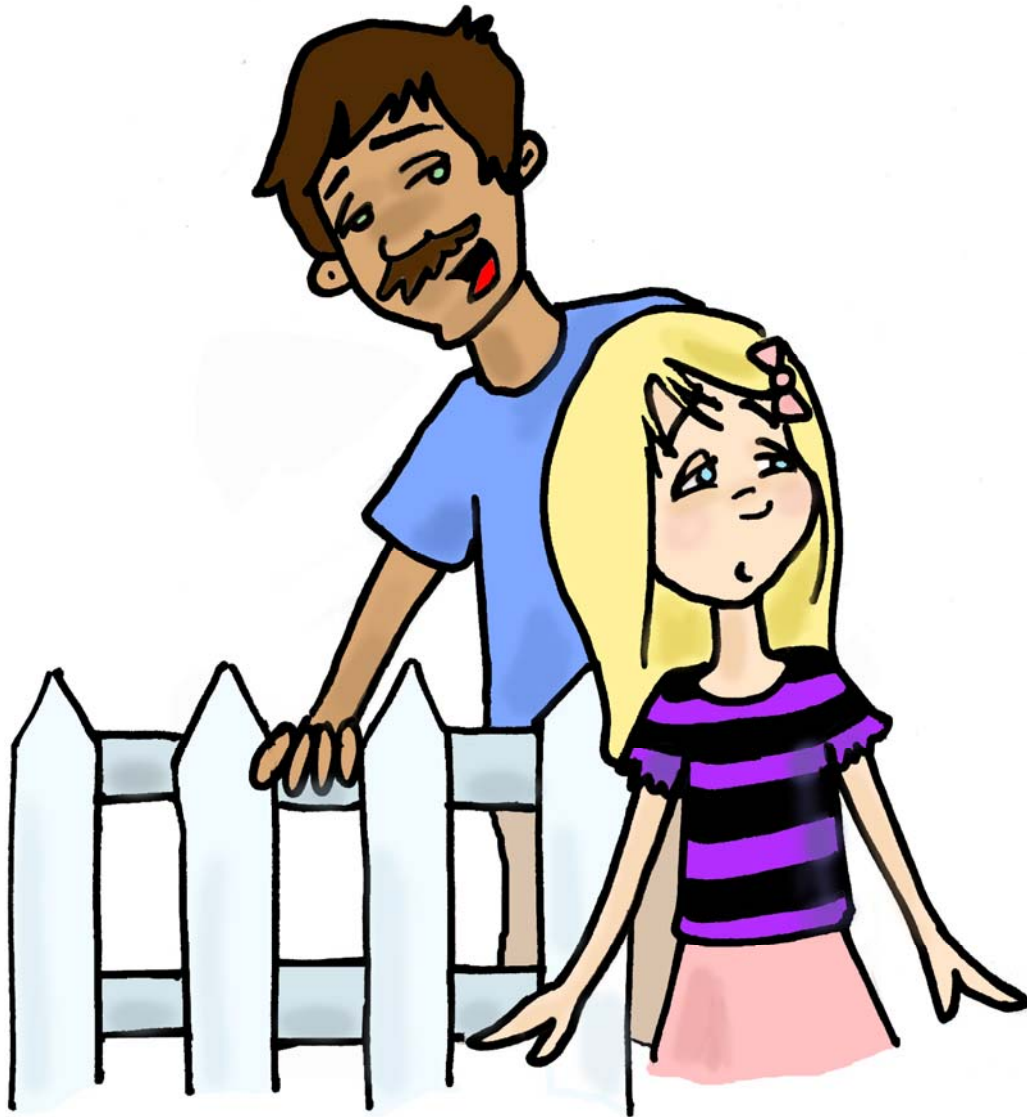


Emma is playing in her backyard. The neighbour calls out over the fence, "hello there." He invites her to come over and have some cookies that his wife has just baked. The cookies smell so good. "They are chocolate chip," the neighbour says. "They're your favourite!"

Emma tells the neighbour that she has to ask her mom first because she remembers the four important rules.

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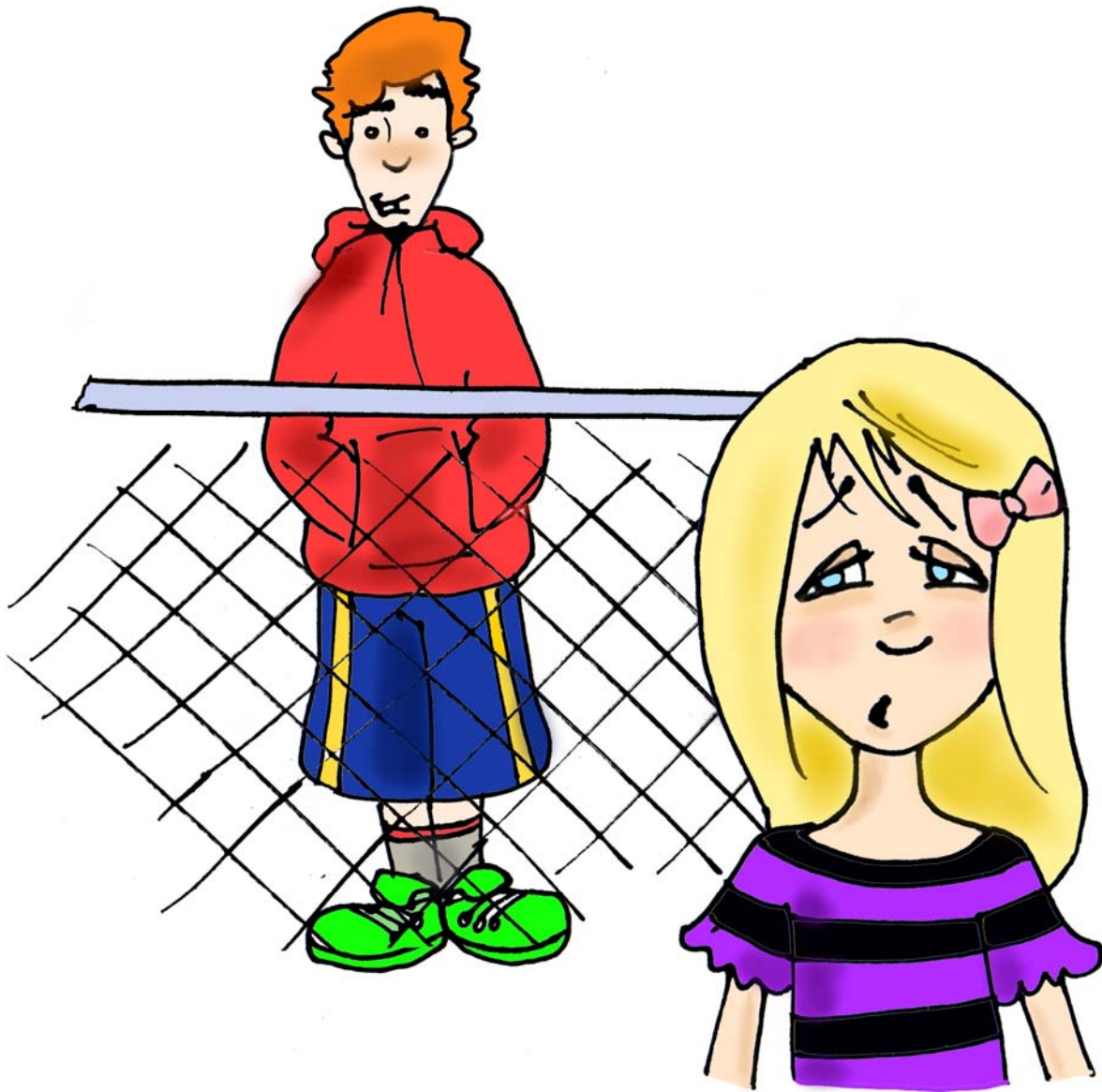
The neighbour then says, "Oh that's Ok, I already talked to your mom and she said it was."

Emma says that she has to ask her mom herself, because she has to follow the four important rules.

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That 'uh-oh' feeling



The next day at school, Emma was outside playing at recess time. She noticed someone on the other side of the fence staring at her and the other kids.

This made her feel very uncomfortable and scared. Emma got that 'uh - oh' feeling in her tummy.



Emma knew that the right thing to do was to go and tell the teacher on yard duty.



She knew to stay away from the fence and to ignore the person.
She told the other kids who were curious to stay away too.



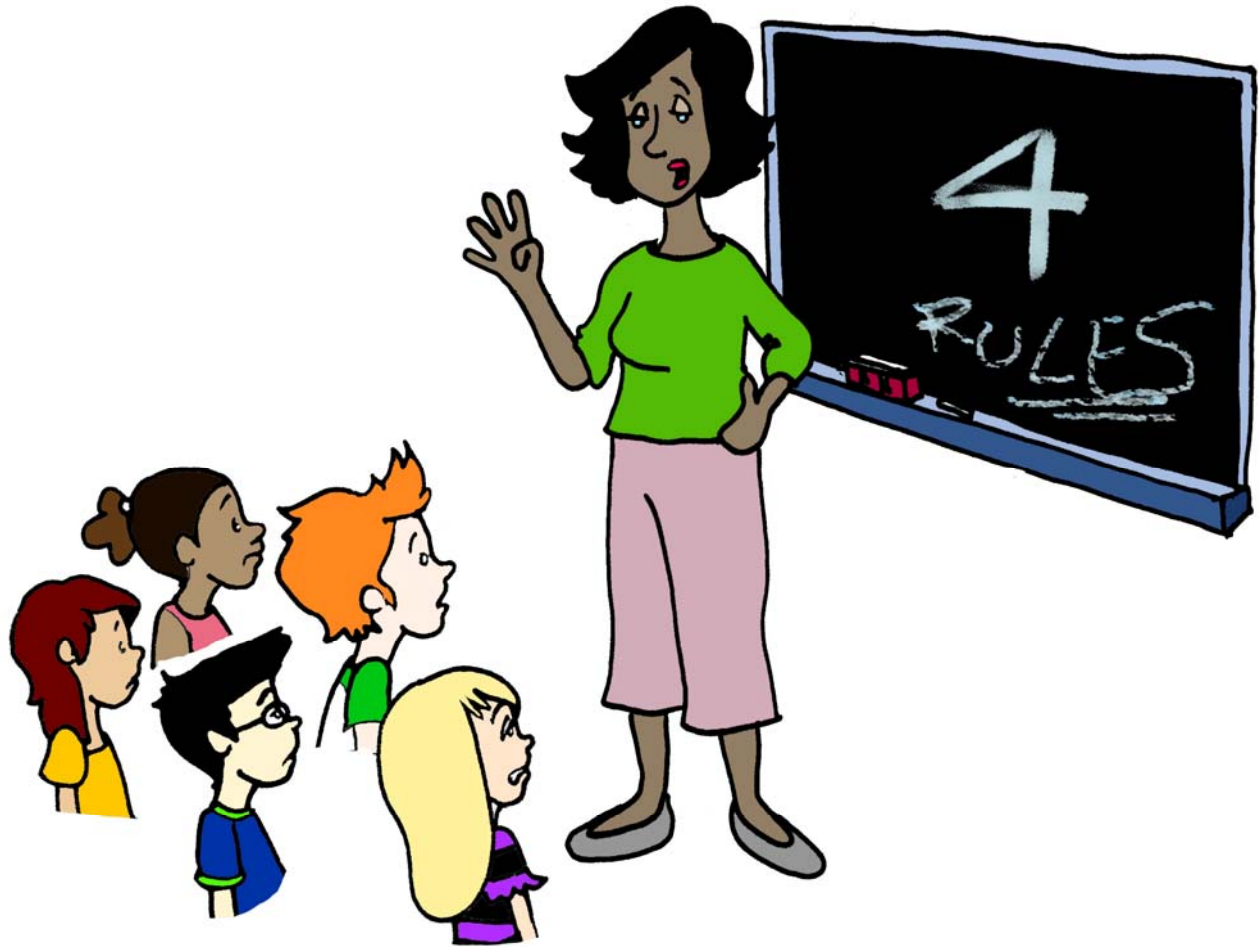
Emma remembered the time when Andrew was leaving the school yard. A woman told Andrew that she was sent by his mother to pick him up.

Andrew never spoke to the person, but instead ran away to find a teacher because he had that 'uh-oh' feeling inside.

That 'uh-oh' feeling can be a feeling in your tummy or a voice in your head that is telling you that something doesn't feel right.

Whatever we call it, we all have it and it's there to protect us and help keep us safe. We need to pay attention to that 'uh-oh' feeling.





The teacher explained that even if Andrew did know the person, he would still have to get permission to go with her. He would have to follow the four important rules.

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Simon then told the class about the time when someone tried to grab him. Simon told everyone how he yelled and screamed out loud, and that he kicked and fought, and did whatever it took to get away. He said that no matter what the person said to him, he fought until he got away.

Simon knew that he had to find help from an adult he trusted.



The teacher then explained to the class "that no one has the right to make you feel uncomfortable by the way that they look at you, talk to you, or touch you, even someone you know." She said that they should always remember not to go anywhere with anyone, even with someone they know unless they have permission, and to always remember the four important rules.

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The teacher also told the class how important it is to get permission from a parent or the person looking after you to use the computer. Always let them know what you are doing on the computer.

Emma said that she also never answers the telephone or makes any calls, or opens the door unless she has permission.



The teacher explained to the class that there is one time when it's ok to use the telephone without anyone's permission - when there is an emergency.

When you dial 911, the police, the fire department, and the ambulance will come.

When to call

9 1 1



Call **911** when something happens and you need help right away; things like when there is a fire, or when someone has had an accident.

It's important to know your parents' names, how to spell your name, your home address, and your phone number.

Remember, only call 9 1 1

in a real emergency,

NEVER as a joke,

NEVER to practice,

and NEVER as a game!

BOOST
CHILD ABUSE PREVENTION & INTERVENTION

Kids' Safety Zone

**COMMUNITY MOBILIZATION UNIT
40 COLLEGE STREET
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